



“Head and Heart”

The Mind-Body-Spirit Connections

Radio Show-September 18, 2010-Randy Maugans

"Eat thou not the bread of him that hath an evil eye, neither desire thou his dainty meats: For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee. The morsel which thou hast eaten shalt thou vomit up, and lose thy sweet words."-Proverbs 23:7

“Your mind cannot possibly understand God. Your heart already knows. Minds were designed for carrying out the orders of the heart.” - Emmanuel

“Faith is the vision of the heart; it sees God in the dark as well as in the day.”-Unknown

Balance between the mind/consciousness/logical thinking/ and feeling/empathy/compassion

The head and the heart are connected.

The “connector” is in the spirit of the person.

The “heart of God”

Genesis 6:6 - And it repented the LORD that he had made man on the earth, and it grieved him at his heart.

Hebrew – labe - the heart; also used (figuratively) very widely for the **feelings, the will and even the intellect**; likewise for the centre of anything:

the heart; also used (figuratively) very widely for the feelings, the will and even the intellect; likewise for the centre of anything:

Genesis 8:21 And the LORD smelled a sweet savour; and the LORD said in his heart, I will not again curse the ground any more for man's sake; for the imagination of man's heart is evil from his youth; neither will I again smite any more every thing living, as I have done.

Man’s heart is the seat of all thoughts and imaginations.

Jesus taught from the heart.

Mark 7:21 For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders,

The Heart-Mind-Action Interface:

Matthew 19:28 And Jesus said unto them, Verily I say unto you, That ye **which have followed me, in the regeneration** when the Son of man shall sit in the throne of his glory, ye also shall sit upon twelve thrones, judging the twelve tribes of Israel.

Regeneration-(spiritual) rebirth (the state or the act), i.e. (figuratively) **spiritual renovation**; specially, **Messianic restoration**:--regeneration.

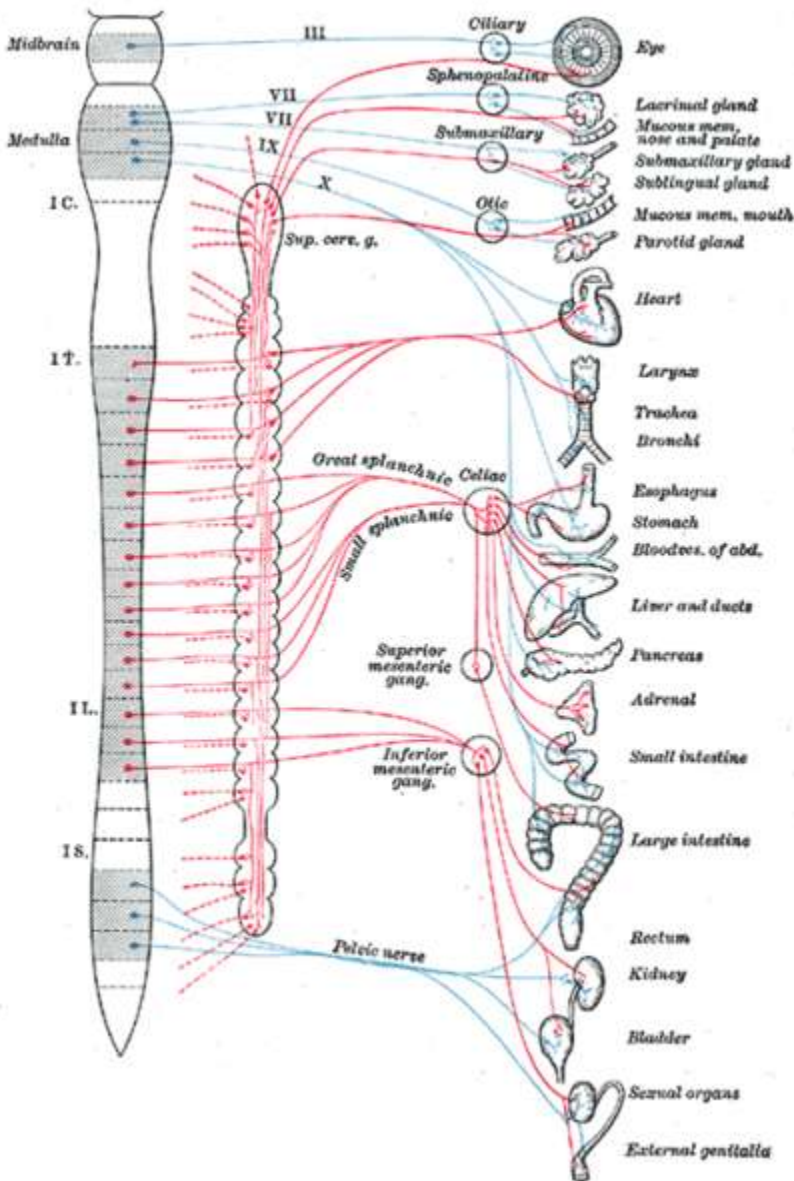
Man's mind: the "monkey brain"

The heart is a muscle-all muscles are connected.

The 2nd century Roman physician, Galen traced out the anatomical relationships among brain, nerves, and muscles, demonstrating that all muscles in the body are connected to the brain via a branching network of nerves. He postulated that nerves activate muscles mechanically, by carrying a mysterious substance he called *pneumata psychikon*, usually translated as "animal spirits".

Today we know that system as the **autonomic nervous system (ANS or visceral nervous system)** is the part of the **peripheral nervous system** that acts as a **control system** functioning largely below the level of consciousness, and controls **visceral** functions.^[1] The ANS affects **heart rate, digestion, respiration rate, salivation, perspiration**, diameter of the pupils, **micturition** (urination), and **sexual arousal**. Whereas

most of its actions are involuntary, some, such as breathing, work in tandem with the conscious mind.



Heart and brain tissue are nearly identical under microscope.

Stories of people who had heart transplants and became “different people”...a “memory” of the personality, the consciousness in the tissue of the heart affects the recipient’s own.

“...the biochemical mechanisms employed by cellular organelle systems are essentially the same mechanisms employed by our human organ systems. Even though humans are made up of trillions of cells, I stressed that there is not one ‘new’ function in our bodies that is not already expressed in the single cell. Each eukaryote (nucleus-containing cell) possesses the functional equivalent of our nervous system, digestive system, respiratory system, excretory system, endocrine system, muscle and skeletal

systems, circulatory system, integument (skin), reproductive system and even a primitive immune system, which utilizes a family of antibody-like 'ubiquitin' proteins.

I also made it clear to my students that each cell is an intelligent being that can survive on its own, as scientists demonstrate when they remove individual cells from the body and grow them in a culture. As I knew intuitively when I was a child, these smart cells are imbued with intent and purpose; they actively seek environments that support their survival while simultaneously avoiding toxic or hostile ones. Like humans, single cells analyze thousands of stimuli from the microenvironment they inhabit. Through the analysis of this data, cells select appropriate behavioral responses to ensure their survival.” -

<http://www.brucelipton.com/excerpt-chapter-one/>

The “Heart of the Matter”

In 29th of May 1988 a successful heart and lung transplantation was done on a woman called Claire Sylvia, these were taken from an 18 -year old male who died because of a road traffic accident, after Claire’s recovery she started to behave like a male and began to eat some food that she could not tolerate before such as green pepper, beer and chickens. When she met the family of that man they said " her behaviour is exactly the same as their son!!!"

Some scientists ignore this story, others took it as evidence to what is called today the Cell Memory
So what is the Cell Memory?

The theory of the Cell Memory states that every cell in our body contains information about our personalities and our history not only that but each cell has its own way of thinking.

So according to this when an organ is transplanted from one person to another ,its cells carry all its memory to the new body and by implanting more than one organ there will be more cells containing more memories.

Dr Kandis Burt (author of the Book Passion Molecules) found out that cells in the human body exchange messages with each other by short chain of amino acids which, in the past ,were thought to be found only in the brain but proved now to be found also in other internal organs such as the heart and the important organs and that memory (of things) is not only stored in brain but also it is stored in the internal organs cells and on our skin cells .(Refrence 10)

Dr Andra Armour gave us another concept in 1991 by stating **that there is a small brain in the heart which is composed of a network of neural cells, proteins and supporting cells**, all of these things work in an independent way from the brain and they send information to the brain and as a result of that he thinks that the neural cells in a transplanted heart will send signals from its stored memory to the brain of the new person.

Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, **and is a discerner of the thoughts and intents of the heart.**

The effect of the heart on the brain:

Scientists always think that the heart responds to the signals that come from the brain but now they have found that it is bilateral dynamic relation . the heart sends signals to the brain in many forms such as:

- 1- Neurologically through electrical impulses.
- 2- Chemically through Hormones & Neurotransmitters.
- 3- Physically by pressure waves.

The Electromagnetic Field.

The electrical component of the heart's field is about 60 times greater in amplitude and permeates every cell in the body. The magnetic component is approximately 5000 times stronger than the brain's magnetic field and can be detected several feet away from the body with sensitive magnetometers.

The heart electromagnetic field ,which is the most effective in the human body ; it **does not only encircle every cell in the body but it also goes out to the surrounding place** , it can be estimated or detected several feet away from the body with sensitive magnetometers

Isaiah 26:3 Thou wilt keep him in perfect peace, **whose mind is stayed on thee**: because he trusteth in thee. {perfect...: Heb. peace, peace} {mind: or, thought, or, imagination}

Seeing+Vision-the "eye" of the heart---the "Third eye" of the Spirit.

2 Corinthians 4:6 For God, who commanded the light to shine out of darkness, **hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.**

Ephesians 1:18 The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints...

The word, **understanding**, is *dianoia*- deep thought, properly, the faculty (mind or its disposition), by implication, its exercise:-- imagination, mind, understanding.

Interesting to note that the word "**repentance**" is the Greek word: **metanoia**-- : a transformative change of heart; *especially* : a spiritual conversion

Greek, from *metanoiein* to change one's mind, repent, from *meta-* + *noein* to think, from *nous* mind

All these concepts of regeneration have to do with a mind-heart connection.

Physical senses have SPIRITUAL counterparts:

Adam Clarke's Commentary on the Bible:

The eyes of your understanding being enlightened - **The understanding is that power or faculty in the soul by which knowledge or information is received**, and the recipient power is here termed **the Eyes of the understanding**; and we learn from this that ὅπερ ὁ ὀφθαλμος ἐν τῷ σώματι, τοῦτο ὁ νοῦς ἐν τῇ ψυχῇ, as Philo expresses it: What the eye is to the body, the understanding is to the soul; and that as the eye is not light in itself, and can discern nothing but by the means of light shining, not only on the objects to be viewed, but into the eye itself; so the understanding of man can discern no sacred thing of or by itself, **but sees by the influence of the Spirit of wisdom and revelation**; for **without the influence of God's Holy Spirit no man ever became wise unto salvation, no more than a man ever discerned an object, (no matter how perfect soever his eye might have been), without the instrumentality of light.**

*“Jesus said, **“I will give you what no eye has seen, what no ear has heard, what no hand has touched, what has not arisen in the human heart.**”-Gnostic Gospel of Thomas*

In Scripture, the heart is the seat of indwelling sin as well as its subject. It is from the heart that indwelling sin springs in a person’s experience. Indeed, sin has invaded as an enemy and now possesses the very throne of God himself. (That throne is the HEART of man)

Matthew 15:17 Do not ye yet understand, that whatsoever entereth in at the mouth goeth into the belly, and is cast out into the draught? 18 But **those things which proceed out of the mouth come forth from the heart**; and they defile the man. 19 For **out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies**: 20 These are the things which defile a man: but to eat with unwashen hands defileth not a man.

The heart-body connection:

Proverbs 14:30 ¶ A sound heart is the life of the flesh: but envy the rottenness of the bones.

Experience is cellular -see Bruce Lipton’s work:

“...that genes and DNA do not control our biology; that instead DNA is controlled by signals from outside the cell, including the energetic messages emanating from our positive and negative thoughts.” –Dr. Bruce Lipton, The Biology of Belief - Unleashing the Power of Consciousness, Matter and Miracles

The heart is an information processor

Proverbs 14:33 ¶ **Wisdom resteth in the heart of him that hath understanding**: but that which is in the midst of fools is made known.

This show will lead into a study I want to launch on the person of the Holy Spirit. Now that we have some background into how the heart and head---the mind/brain/consciousness operates, we need to press into the INTERFACE of GOD (Yahveh)---the Holy Spirit.

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